

**MIDDLE LEVEL TRAINING CENTRE  
RAJAGIRI COLLEGE OF SOCIAL SCIENCES**

RAJAGIRI P.O., KALAMASSERY- 683104

Phone: 0484-2911328

**Email: [mlterajagiri@gmail.com](mailto:mlterajagiri@gmail.com)**

**REPORT OF ACTIVITIES FOR THE YEAR 2013-2014**

The Middle Level Training Centre (MLTC) was established on 15<sup>th</sup> of June 1982 at Rajagiri College of Social Sciences to meet the training needs of the middle level functionaries of Integrated Child Development Services (ICDS) in Kerala, and Lakshadweep. This is the only State Level training centre in Kerala and the main task of MLTC is to train supervisors of 258 ICDS projects in the State.

• **Training Achievements**

<i>Sl.no</i>	<i>Name of Course</i>	<i>No. of courses</i>	<i>Number trained</i>
<b>1</b>	<b>Job training course for supervisors</b>	<b>1</b>	<b>15</b>
<b>2</b>	<b>Refresher course for supervisors</b>	<b>20</b>	<b>386</b>

**MONITORING VISITS TO AWTCs & ICDS PROJECTS**

<i>Name of Instructor</i>	<i>Place</i>	<i>Date</i>
<i>Mrs. Mary John</i>	<i>AWTC, Nileswaram</i>	<i>March 24<sup>th</sup> 2014</i>
	<i>AWTC, Kottayam</i>	<i>March 27<sup>th</sup> 2014</i>
<i>Mrs. Mary John</i>	<i>ICDS Project, Nileswaram</i>	<i>March 26<sup>th</sup> 2014</i>
	<i>ICDS Project, Pallam</i>	<i>March 25<sup>th</sup> 2014</i>
<i>Mrs. Asha Zachariah</i>	<i>AWTC, Kadavanthara</i>	<i>March 28<sup>th</sup> 2014</i>
	<i>AWTC, Perumbavoor</i>	<i>March 29<sup>th</sup> 2014</i>
<i>Mrs. Asha Zachariah</i>	<i>ICDS Project, Irinjalakuda</i>	<i>March 25<sup>th</sup> 2014</i>
	<i>ICDS Project, Thycattusery</i>	<i>March 31<sup>st</sup> 2014</i>
<i>Mrs. Reena George</i>	<i>AWTC, Trichur</i>	<i>March 22<sup>nd</sup> 2014</i>
	<i>AWTC, Palakkad</i>	<i>March 29<sup>th</sup> 2014</i>
<i>Mrs. Reena George</i>	<i>ICDS Project, Kodakara</i>	<i>March 25<sup>th</sup> 2014</i>
	<i>ICDS Project, Mullassery</i>	<i>March 27<sup>th</sup> 2014</i>

**STAFF TRAININGS /SESSIONS ATTENDED**

<i>Smt. Mary John &amp; Smt. Gigy Santo</i>	<i>Principals &amp; management representatives meeting</i>	<i>Department of Social Justice Poojapura, Tvm</i>	<i>9-4-2013</i>
<i>Smt. Mary John</i>	<i>Meeting of Red Cross Society</i>	<i>Maharajas College, Ekm</i>	<i>8-5-2013</i>

<i>Smt. Asha Zachariah</i>	<i>Workshop on revision of curriculum of Job training course for CDPOs, Supervisors &amp; AWWS</i>	<i>NIPCCD, Banglore</i>	<i>26-9-2013.</i>
<i>Smt. Asha Zachariah</i>	<i>State level monitoring and review committee meeting .</i>	<i>Govt. Secretariat, Trivandrum</i>	<i>6-11-2013.</i>
<i>Smt. Asha Zachariah</i>	<i>Attended a meeting regarding documentation of Annual Programme Implementation Plan (APIP) .</i>	<i>Social Justice Department Trivandrum</i>	<i>29-11-2013.</i>
<i>Smt. Asha Zachariah</i>	<i>Attended a meeting held for the Principals of MLTC and AWTCs on Early Childhood Care and Development</i>	<i>Govt. Guest House, Trivandrum</i>	<i>17-1-2014.</i>
<i>Smt. Mary John</i>	<i>Attended a meeting held for the Principals of MLTC and AWTCs on Early Childhood Care and Development</i>	<i>PWD Rest House Trivandrum</i>	<i>28-2-2014</i>



#### **TRAINING PROGRAMMES CONDUCTED BY STAFF**

<i>Mrs. Asha Zachariah</i>	<i>Took classes as part of breast feeding week for food &amp; nutrition board</i>	<i>Edapally ICDS additional Project</i>	<i>August 1<sup>st</sup> 2013</i>
<i>Mrs. Asha Zachariah</i>	<i>Took classes as part of nutrition week for BSW students</i>	<i>RCSS</i>	<i>Sept 10<sup>th</sup> 2013</i>
<i>MLTC staff</i>	<i>Orientation of BSW students regarding their concurrent field placement at Edapally ICDS additional Project</i>	<i>RCSS</i>	<i>Jan 2<sup>nd</sup> 2014</i>
<i>Mrs. Asha Zachariah</i>	<i>Took classes on revised growth charts as per New WHO Child Growth Standards.</i>	<i>Ponnani additional ICDS project</i>	<i>March 13<sup>th</sup> 2014</i>
<i>Mrs. Asha Zachariah</i>	<i>Class on IYCF for Food &amp; Nutrition Board</i>	<i>Kochi Urban ICDS Project, Maradu</i>	<i>March 20<sup>th</sup> 2014</i>

#### **CONSULTANCY**

<i>Mrs. Mary John</i>	<i>Curriculum planning based on 'theme' for Early childhood education in AWC</i>	<i>Ashir Bhavan , Ernakulam and Thycadu Trivandrum</i>	<i>17<sup>th</sup> ,18<sup>th</sup> &amp;19<sup>th</sup> May 2013</i>
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<b>OUT REACH PROGRAMMES</b>		
<b>Programme title</b>	<b>Content</b>	<b>Date</b>
<i>'Poothumbikal' Anganwadi Children's Fest</i>	<i>To encourage creativity in children various competitions were conducted for Anganwadi children representing 23 ICDS projects of Ernakulam District at children's park Ernakulam with the assistance of Rotary Club of Cochin Beachside involving Rotaract members from BSW student .</i>	<i>May 11<sup>th</sup> 2013</i>
		
<i>PUNNYADAN</i>	<i>The 2<sup>nd</sup> phase of sale of clothes &amp; preschool material for the community in and around RCSS at Rajagiri Facility Centre premises</i>	<i>9<sup>th</sup> May 2013</i>
		
<i>Reading Day</i>	<i>Conducted News Reading competition for MSW 1<sup>st</sup> year students and winners were given prizes</i>	<i>19<sup>th</sup> June 2013</i>
<i>Medicinal Kanji</i>	<i>Conducted awareness class on herbal medicines and supplied medicinal kanji at 'Thanalil' home for the aged and nearby community in collaboration with BSW field work students.</i>	<i>26<sup>th</sup> July 2013</i>

<p><i>Medical camp</i></p>	<p><i>Medical camp was conducted at 'Thanalil' home for the aged in collaboration with Cooperative Medical College, Cochin involving 2<sup>nd</sup> year BSW field work students. Around 95 people with various ailments attended the camp.</i></p>	<p><i>24<sup>th</sup> August 2013</i></p>
<p><i>Nutrition week</i></p>	<p><i>Nutrition week was observed in association with 1<sup>st</sup> year BSW students. Quiz competition, vegetable carving and display cum sale of nutritious snacks were conducted</i></p> 	<p><i>13<sup>th</sup> September 2013</i></p>
<p><i>National girl child day 2014</i></p>	<p><i>In collaboration with BSW students observed National girl child day on January 24<sup>th</sup>. Quiz, street play, slogan competition etc were conducted. Smt Mary John delivered a talk on issues and challenges related to girl child. The Programme was conducted at Govt. School HMT Kalamassery.</i></p> 	<p><i>24<sup>th</sup> January 2014</i></p>
<p><i>National mother tongue day</i></p>	<p><i>Observed National mother tongue day in association with 1<sup>st</sup> year BSW students. Competition on 'caption writing' for the given picture was conducted. Winners were given prizes</i></p>	<p><i>21<sup>st</sup> February 2014</i></p>

<i>APIP- MOU</i>	<i>The final document of Annual Programme Implementation Plan(APIP) for 2014-2015 has been submitted to the Directorate of Social Justice as per the MOU which was signed between Directorate of Social Justice, Govt. of Kerala &amp; RCSS. The document was prepared jointly by Social Work Dept. and MLTC under the guidance of Dr. Mary Venus Joseph</i>	<i>21<sup>st</sup> March 2014</i>
<i>Association with Prof. Ebru Aktan Visiting Researcher in ECCE from Isthambul in Turkey</i>	<i>Smt. Mary John involved in sharing experience related to ECCE in Kerala &amp; taken her to observe different models of pre school education . Besides organized training programme for Kindrgartten teachers on persona dolls and using it in classroom situation</i>	<i>June 6<sup>th</sup> to July 20<sup>th</sup></i>

***PUBLICATION***

*Published one book titled 'Njanadeepthi' which can be used as a reference book by the supervisor trainees*

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