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## C O N T E N T S

### **Articles**

Teacher Perspectives on Managing Manifest Sexual Behaviour among Individuals with Intellectual Disability 85  
Sangeetha Nair A and Sonny Jose

The Attitudes of Social Work Trainees to Victim Blaming with Special Reference to Rape Cases 111  
Thara Prabhakar and Norvy Paul VC

HIV/AIDS-related Stigma is not a Myth in Kerala, India 131  
Sooraj P Suresh and Celine K. Scaria

The Elected Women Representatives of the Kerala Grama Panchayat Elections 147  
Sabu P. Thomas S.J

### **Book Review**

From Corporate Globalization to Global Co-Operation 161  
Reviewed by Joseph M.K.

# **Teacher Perspectives on Managing Manifest Sexual Behaviour among Individuals with Intellectual Disability**

**Sangeetha Nair A. and  
Sonny Jose<sup>1</sup>**

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## ***Abstract***

Maladaptive sexual behaviours amongst individuals with intellectual disability (ID) cause much embarrassment to their caregivers. The caregiver's lack of skill and knowledge in managing those behaviours end up reinforcing the same. The present study explored the sexual behaviours manifested by individuals with ID and the strategies adopted by special educators to manage those behaviours. The data generated from in-depth interviews of special educators with relevant experience was thematically analysed. The study concluded that the various strategies adopted by the special educators depended on i) their general attitude towards the expression of sexuality by the intellectually challenged and, ii) their perspectives on the reasons behind the inappropriate sexual behaviour. The teachers resorted to behaviour and environment modification techniques to manage inappropriate sexual behaviours. Implications for practice are also discussed.

## ***Keywords***

Intellectual disability, individuals with ID, intellectually challenged, sexual behaviour, teacher perspectives, behaviour modification, environment modification, strategies

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