

Anish K R MSW, M Phil, Ph D

2018



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EDUCATIONAL QUALIFICATIONS

Ph D , 2010	Mahatma Gandhi University, Kottayam
M Phil, 2002.	National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore. Third Position in the University
Post Graduation (MSW), 1999	Sree Sankaracharya University of Sanskrit, Kaladi (Main Centre, Kaladi), University Second Rank
PGDHRM, 1999	Pondicherry University
Graduation (B Sc) 1996	Mahatma Gandhi University, Kottayam, Kerala (Newman College, Thodupuzha, Kerala)

MOOC Courses

1. Inspiring Leadership through Emotional Intelligence, Case Western Reserve university, 2014
2. Basic Skills and Clinical Applications of Motivational Interviewing, Massachusetts General Hospital Academy, 2014
3. Assertive Psychosocial Rehabilitation and Community Re-Integration (nc), MGH Academy, 2014
4. A Life of Happiness and Fulfillment, Indian School of Business, 2015
5. Science of Happiness, UC Berkeley, 2015
6. Questionnaire Design for Social Surveys, University of Michigan, 2015
7. Psychological First Aid, Johns Hopkins, Coursera
8. Becoming a Resilient Person: The Science of Stress Management and Promoting Wellbeing, University of Washington, 2015
9. Mental Health: A Global Priority, University of , Edinburg, 2016
10. Positive Psychology, The University of North Carolina at Chapel Hill, 2016
11. Professional Counselling Diploma, Udemy, July 2018.

PROFESSIONAL EXPERIENCE: 19 Years

Head of the Department May 2016 onwards	School of Social Work Rajagiri College of Social Sciences, Kochi, Kerala www.rajagiri.edu
Asst Professor June 1, 2011 onwards	School of Social Work Rajagiri College of Social Sciences, Kochi, Kerala www.rajagiri.edu
Senior Lecturer & Head 5 May 2003 – 31 May 2011	School of Social Work Marian college kuttikkanam Kuttikkanam, Kerala, India www.mariancollege.ac.in
Research Officer November 2002- May 2003	NIMHANS, Bangalore Project of World Health Organization
Research Officer August 2002- November 2002	NIMHANS, Bangalore Project of Ministry of Social Justice and Empowerment, Govt. of India
Social Worker (Field Programme Coordinator) July 1999 – August 2000	CBNP & PAP(Kudumbashree) Partnership in Sexual Health Project

OFFICIAL POSITIONS HELD

1. **Chairman**, Board of Studies, Social Work (UG), Mahatma Gandhi University, December 2017
2. **Chairman**, Expert Committee, Social Work (PG), Mahatma Gandhi University, December 2017
3. **Chairman**, Board of Studies (UG & PG) , Social Work, Kannur University, Kerala
4. **Chairman**, Board of Studies (Social Work), Rajagiri College of Social Sciences(Autonomous)
5. **Member**, Governing Council & Academic Council, Rajagiri College of Social Sciences(Autonomous)
6. **Member**, Board of Studies (Social Work)- Sree Sankaracharya University of Sanskrit (SSUS); Christ College (Autonomous), Irinjalakkuda; Assumption College (Autonomous), Changanassery, St Albert's College, Ernakulam, Marian College Kuttikkanam
7. **Treasurer**, Kerala Association of Professional Social Workers (KAPS)

8. **Vice president and Former General Secretary**, Association of Schools of Social Work in Kerala (ASSK)
9. **Former Academic Committee Member**, State Training Resource Centre, Kerala & LD
10. **Member, Research Advisory Board (RAB)** of Centre for Research & Development (CRD) in Sree Saraswathi Thyagaraja College (Autonomus), Pollachi.
11. **Subject Expert (Social Work) – Government of Kerala - Kerala Public Service Commission**, State Council for Educational Research and Training (SCERT), State Institute of Educational Management and Training (SIEPMAT), Institute of Mental Health and Neurosciences (IMHANS), Social Justice Department, SC/ST Department etc.
12. **Ph D Adjudicator & External Examiner:** Nagpur University, Karpagam University, Christ University
13. **Doctoral Committee Member-** Gandhigram Rural university, Amrita Viswavidyapeethom

GLOBAL EXPOSURE

- Project Principal Participant in Australia- India Council (AIC- DFAT, Australian Government) project on Health Social Work in Collaboration with Queensland University of Technology, Brisbane, Australia
- Principal Investigator, UGC- DAAD Project Based Personnel Exchange Programme funded by UGC and DAAD (German Academic Exchange Programme) in collaboration with Catholic University of Eichstatt, Germany
- Project partner of IASSW project, Building Networks and Frameworks for Global Social Work
- **Worked as Exchange/Visiting Faculty at**
 - University of Utah, Salt Lake City, USA April – May 2009. Engaged classes for MSW students
 - Australian Catholic University, Brisbane, Australia, October 2016
 - Catholic University of Eichstatt, Germany
- Attended and Presented papers at Greece, Athens; Milan, Italy, South Korea, Finland, Germany, Australia

RESEARCH PROJECTS/CONSULTANCY SERVICES:

- **Editorial Board Member**, Journal of HIV/AIDS Prevention in Children & Youth, Routledge, Taylor & Francis Group, USA.(Journal Discontinued)
- **Reviewer of Social Work Education**, International Journal of CSWE, USA, Taylor & Francis group
- **Associate Editor**, *Acumen* 1(1). March 2008. (ISSN 0975-6981) – theme: Health and Mental Health
- **Reviewer** of Artha Journal of Social Sciences, Christ University, Bangalore; Indian Journal of Social Work
- Empanelled Consultant for Evaluation of Targeted intervention Projects of National AIDS Control Organization (NACO)- Evaluated projects in Kerala, Karnataka, UP
- Team member in the Annual Programme Implementation Plan (APIP) of ICDS, Govt. of Kerala
- Research Subject Expert and Trainer for State Institute of Education Management and Training (SIEMAT), Kerala

MAJOR PROJECTS- Ongoing Projects

- A. 2018-19: Australia-India Council (Australian Government) Project on, “**Developing a Health care practice model for Indian Social Work**”, in partnership with Queensland University of Technology, Brisbane, Australia
- B. 2018-19: UGC- DAAD Project Based Personnel Exchange Project programme on the topic “**Culturally Competent Practice with Refugees and Migrants in India and Germany: Implications for Social Work Education**”

Major Project -Completed Projects

- A. 2014 -2016: Situational Analysis of Social Competence of Children in Institutional Care Facilities and Life Skills Based Intervention for Enhancing Social Competence, **Kerala State Commission for Protection of Child Rights Research Project & Department of Social Justice**, Govt. of Kerala
- B. **2013 Jan-2014 December:** Enhancing Social Competence of Adolescents through Life Skills Education: An Intervention Study. **UGC Major Project**
- C. **2012-13:** Impact of Alcoholism in Kerala. **Co-investigator/Consultant: Kerala State Planning Board (5 lakhs)**

Minor Projects

International Collaborative Projects

1. Building Networks and Frameworks for Global Social Work, International Association of Schools of Social Work (IASSW)
2. An International Comparative Study on Adult Attachment with Prof. Joanne Buttman, University of Utah, 2010
3. A Study on the Sex Worker Collectives in Kerala with Prof. Mary Jane Taylor, University of Utah, USA
4. An International Study on Perception on Poverty and Social Welfare Policy among social work students with Prof. Jason Castillo, University of Utah, USA

Other Projects

5. Perceived Effectiveness of Training Methods used in STRC Training Programmes Kerala State AIDS Control Society & State Training Resource Center, 2012
6. Capacity Building Needs of CBO Leaders on the Administrative and Managerial Aspects of the TI Project Kerala State AIDS Control Society & State Training Resource Center, 2012
7. A Study on the Micro-Level Planning Skills of ORWs in TI Projects Kerala State AIDS Control Society & State Training Resource Center, 2012
8. A Comparative Study on the Effectiveness of Onsite Trainings and Centralized Training Programmes for TI Project Personnel Kerala State AIDS Control Society & State Training Resource Center, Kerala & LD, 2011
9. A Study on Capacity Building Needs of Newly Recruited Community ORWs Promoted From PE Level working in TI Projects of KSACS KSACS & STRC, Kerala & LD, 2011
10. A Study on Staff Turnover Patterns and Factors Contributing to Staff Turnover in Targetted Intervention Projects of KSACS KSACS & STRC, Kerala & LD, 2011
11. Psychosocial Correlates of Suicide in Meppara, Kerala Marian College Kuttikkanam, 2008
12. UGC Minor Project on Care and Psychosocial Rehabilitation of Homeless Mentally Challenged in Kerala, University Grants Commission, 2008-2010
13. A feasibility Study on IT Enabled Health Care Delivery System in Kerala, Indo-Global Social Service Society, New Delhi, 2009
14. Reproductive Health Consequences of Domestic Violence Indian Council for Medical Research & NIMHANS 2005
15. Sexual Health Awareness of Adolescents ,World Vision India Limited ,2005
16. Baseline Study of Stakeholders in IAD Partnership in Sexual Health Project Kasaragod, Project Support Unit of KSACS

Publication (Book / Article / Case)

1. Anish K.R. (2017). Counseling for Positive Living. *Proceedings of UGC Sponsored National Seminar*. Palai: St Thomas Training College.
2. Anish K.R (2015). Human Rights of Person with mental illness: An Appraisal. In. Sudheer (2015). *Readings on Human Rights*, Trivandrum: Kerala University.

3. Jason Castillo, Tian Tian, David Becerra, **Anish KR** (2014). The perception of Poverty and Social Welfare Policies among Undergraduate and Graduate Social Work Students in India. *Indian Journal of Social Work*. 75(2),209-231
4. **Anish K R**, Divya G S and Siny Maria Skaria (2014). Social Competence Model for Adolescents: Reflections from an Intervention Study. *Artha J Soc Sci*, 13, 2, 1-19.
5. **Anish, K.R.**,(2013). An Evaluation of Psychosocial Rehabilitation Facilities for Homeless Mentally Ill in India. *Artha - Journal Of Social Sciences*, 12(2)
6. Jason Castillo, David Becerra, M Kwangyeop Lee, **Anish KR** (2014). The Role of the Government in Addressing Social Issues in India: The Perceptions of Indian Undergraduate and Graduate Social Work Students. *Social Work Education*.
7. **Anish K.R.** (2013). HIV Infection Partners: A Social Worker from India Responds In: Bettmann, Jacques and Frost (2013). *International Social Work Practice- Case Studies from a Global Context*. London: Rutledge. Pp 56-60.
8. **Anish K. R.**, Santhosh, J. (2008). An Innovative Rehabilitation Model for Homeless Mentally Ill. *Acumen* 1(1). 80-87.
9. **Anish K.R.**, (2007). Families and Severe Mental Disorders: From Burden to Resilience: In Samuel V.T. (Eds.), *Perspectives on Family Empowerment*. Kuttikkanam: Marian Publications
10. Mani, M.P., & **Anish K.R.**, (2005). Managing Stress in the Workplace: Towards Prospective Development Management: In Mani, M.P. (Eds.), *Development Management: A Holistic Approach*: Kuttikkanam: Marian Publications
11. Mani, M.P., & **Anish K.R.**, (2005). Industrial Mental Health: A Social Work Perspective, *Social Work Review*, Baroda: MS University
12. **Anish K.R.**, (2004). "The Role of Spirituality in the care of Persons Living with HIV". Community Care and Support for Persons Living with HIV/AIDS: Challenges for the New Millennium, An International Social Work Conference. Mumbai: India. (December 07-09, 2004)
13. **Anish K.R.**, (2003). "Sexuality of Mentally Challenged: the missing Factor". Souvenir, AWH, Calicut: India.
14. **Anish K.R.**, (2003). "Psychiatric Rehabilitation: An Overview". Souvenir, PCSJ, Cochin: India.

Indira Gandhi National Open University (IGNOU) study material for MSW (Counseling)

1. Introduction of counseling and counseling as a process
2. Alcohol, absenteeism and deaddiction counseling
3. Establishing family during adulthood
4. Parenting skills
5. Social Case Work in Health Setting
6. Social Case Work in Industrial Setting

Manuals prepared for STRC-KSACS

1. Intervention Based Research Manual for Targeted Intervention projects
2. Project Management Manual for Targeted Intervention projects
3. Manual for Refresher Training of Counselors' in TI projects.

Paper Presentations

Plenary Lectures & Invited Talks

Meet the Expert Session

1. Anish K.R. (2012). Challenges & Prospects Of An Indian Model Of Care For The Homeless Mentally Ill: Are The Policies Restrictive Or Inclusive?'. *11th World Congress of World Association of Psychosocial Rehabilitation* at Milan, Italy from 10-13 November 2012.
2. Anish K.R.(2006). An Indian Model of Low Cost Community Based Rehabilitation of Homeless Mentally Ill, *IX World Congress, World Association of Psychosocial Rehabilitation*, Athens, Greece 12-15, October, 2006.

Invited Talks

1. Anish K.R. (2018). Implication of advanced quantitative methods in intervention oriented social work research. *National Conference on Social Work Research. SB College, 2 March 2018, Changanacherry.*
2. Anish K.R. (2017). A Pragmatic Framework for Mental Health Promotion in Schools *International Conference on School Mental Health, 25-26 October 2017, Bharathidasan University, Trichy, Tamilnadu*
3. Anish K.R (2017). Role of Social Work Institutions in Moulding and Facilitating School Counselling Programme. *6th National Seminar, Avancer, 2017, 7 October 2017, St Joseph College, Pilathara.*
4. Anish K.R. (2017). 'Counselling for Positive Living: Strategies and Approaches'. *UGC Sponsored National Seminar at St Thomas training College on 19-20 January 2017.*
5. Anish K.R. (2016). The Correspondences of Global Refugee Crisis and Interstate Migration in India: A Salutogenic Social Work Model for Social Integration. *Symposium on Building Networks and Frameworks for Global Social Work at University of Eastern Finland, Kuopio, Finland, 12-15 October, 2016*
6. Anish K.R. (2016) Chaired a Session on Negotiating Education and partnership. *Symposium on Building Networks and Frameworks for Global Social Work at University of Eastern Finland, Kuopio, Finland, 12-15 October, 2016*
7. Anish K.R (2016). Reflective Learning in Social Work Field Practicum. *UGC sponsored National Workshop on 'Quality Assurance in Social Work Practice Learning' at Vimala College, on 14-15 December 2016*

8. Anish K.R.(2015). Chairperson for Paper Presentations, National Conference On Strengthening Social Work Education : Integration of Theory & Practice on 27th& 28th November, 2015
9. Anish K.R.(2013). ICT & Social Work & Chaired a session. *National Seminar “ Social Work: Changing Perspectives and Exploring Social Realities*, St Joseph College, Devagiri, October 26-27, 2013
10. Anish K.R.(2012). Designs for Research in NGO Practice: The Perspectives on Integration , *UGC Sponsored Workshop on Integrating Research into Social Work Practice for NGO Personnel*, Marian College Kuttikkanam.
11. Anish K.R.(2012). Child Budgeting in 11th Five Year Plan. *UNICEF Sponsored Regional Consultation Meet on Child Budgeting*, KTDC, 30/10/12, Kollam.
12. Anish K.R.(2011). Reflections on the 2nd report of the Rights of the Child. *UNICEF Sponsored Regional Consultation on the 3rd and 4th Combined Periodic report on UNCRC*, 19/10/2011, Rajagiri Outreach, at RCSS.
13. Anish K.R.(2010). Best Practices in Higher Education: Institution’s Perspective. *NAAC Sponsored National Seminar at St Thomas College, Palai, Kerala*.
14. Anish K.R.(2007). Psychosocial Care and Mental Health Services in Disasters South Kerala Network of Schools of Social Work Responses. *National Conference on “Psychosocial care and mental health services in disasters”* held on 26th and 27th November 2007.
15. Anish K.R. (2005). Emotional Intelligence. *Utkarsh*, Meredien College, Mangalore.

Paper Presentations

International Conferences

1. Anish K.R., Rakhi Menon, Divya G.S. (2016). Effectiveness of an intervention model for enhancing social competence and wellbeing of adolescents: reflections from a randomized control trial, *World Federation for Mental Health International Conference*, Cairns Australia 2016, 17-19 October 2016.
2. Anish K.R., Joseph, S (2015). Stories of Recovery from India: An Explorative Review of Elements-of Success among Homeless Persons with Schizophrenia. *12th WAPR World Congress*, Seoul, South Korea,
3. Anish K.R. (2015). Human Rights of the Homeless Mentally Ill: A Critical Appraisal of the Indian Scenario, . *12th WAPR World Congress*, Seoul, South Korea.
4. Anish K.R., Divya G.S. (2015). Development of a Social Competence Model for Promotion of Adolescent Mental Health and Prevention of Mental Illness
5. Anish K.R., Divya G.S. (2014). A Life Skills Model for Enhancing Social Competence of Adolescents: Reflections from an Intervention Study, *5th International Conference on Life Skills Education* organized by Indian Association of Life Skills Education at Trivandrum, 20-22 February 2014

6. Anish K.R. (2013). The Perception of Poverty and Social Welfare Policies among Social Work Students. *9th International Conference of India Development Coalition of America on Fighting Poverty and Climate Solutions*, RBS, Kochi Jan 11-12, 2013
7. Anish K.R. (2012). An Evaluation Of Psychosocial Rehabilitation Facilities For Homeless Mentally Ill In India”. *11th World Congress of World Association of Psychosocial Rehabilitation* at Milan, Italy from 10-13 November 2012
8. Santhosh, J., Anish K.R. (2012). “Reflections on Psychosocial Rehabilitation of Homeless Mentally Ill In India: Case Studies”. *11th World Congress of World Association of Psychosocial Rehabilitation* at Milan, Italy from 10-13 November 2012
9. Anish K.R. (2009). Paper accepted for presentation Combating Trafficking and HIV/AIDS: Results from an Intervention Study. *Dyuti 2009, International Conference on Millennium Development Goals & Child Protection*
10. Anish K.R. (2008). Psychiatric Rehabilitation through Cultural Programmes: Rehabilitation Outcome Measured as Quality of Life and Social Functioning. *5th World Conference on Promotion of Mental health and Prevention of Mental and Behavioral Disorders*, 10-12 September 2008, Melbourne, Australia (Paper accepted for presentation)
11. Anish K.R. (2009). Predictive Role of Alcohol Use on Risk Perception and Condom use Behavior among Female Sex Workers in Kerala: Implications for practice. *The first International conference on Alcohol and HIV in India*, August 3-4, 2009 at Hotel Taj President, Mumbai. (Paper accepted for interactive Poster Presentation)
12. Anish K.R. (2011). Psychosocial Rehabilitation Facilities and Rehabilitation Outcomes of Homeless Mentally ill in Kerala. *XXIX Annual Conference of ISPSW- Dyuti International Conference*, RCSS, 6-9 January 2011
13. Anish K.R. (2009). Symposium: Rehabilitation with Limited Resources. *X World Congress, WAPR*, Bangalore, India, Nov 2009
14. Anish K.R. (2009). *Workshop: Rehabilitation. X World Congress, WAPR*, Bangalore, India, Nov 2009
15. Anish K.R. (2006). Quality Of Life and Level of Functioning as Rehabilitation Outcome Of Chronic Mentally Ill. *IX World Congress, World Association of Psychosocial Rehabilitation*, Athens, Greece 12-15, October, 2006
16. Anish K.R. (2005). Panel Discussion – Interventions with Children, *International Conference on Family Empowerment*, Marian College Kuttikkanam, September 2005
17. Anish K.R. (2004). The Role of Spirituality in the Care of Persons with HIV Infection *International Social Work Conference on Community Care and support for persons living with HIV/AIDS*, Mumbai, December 2004
18. Anish K.R. (2004). Family Psycho-Education: A Peer Education Approach. *6th Biennial Conference of the World Federation of mentally Disabled*, Chennai, November 2004.
19. Anish K.R. (2004). Family’s Perspective on Psycho-education: A Needs Assessment. *6th Biennial Conference of the World Federation of mentally Disabled*, Chennai, November 2004
20. Anish K.R. (2003). Sustainable Mental Health Delivery through Self Help Groups. *13th IUCISD International Symposium*, TISS, Mumbai, India, December 2003.
21. Anish K.R. (2003). Spirituality in Palliative Care: Special Reference to HIV Infected. *International Conference of Palliative Care*, Indian Association of Palliative Care, Hyderabad, February 2003.

National Conferences/Seminars

1. Anish K.R. (2012). Chaired the session on Family and Health. *UGC Sponsored National Seminar on Family Competence and Social Development: Emerging Paradigms in Social Work Practice*, 12-14 January 2012, RCSS
2. Anish K.R. (2011). Trends in Social Case Work Education and Practice: An Ecosystem Perspective. *UGC Sponsored Workshop on Social Work Education in Kerala: Prospects and Challenges*, 2-3 December 2011, Loyola College of Social Sciences
3. Anish K.R. (2010). Quality Sustenance and Enhancement: A Marian IQAC Initiative *NAAC Sponsored Seminar on Quality Management in Higher Education*, Kristu Jayanthi College, Bangalore. Anish K.R. (2008). Psychiatric Rehabilitation: An integration with social work methods, *Workshop on Psychiatric Social Work: Theory and Practice* at RCSS, 26-27 Dec 2018.
4. Anish K.R. (2008). Faith Based Organizations in the Rehabilitation of homeless mentally ill. *5th National Seminar on Social Work and HIV/AIDS*, Organized by IGNOU & ISI Bangalore, 28-31 Aug 2008
5. Anish K.R. (2008). Mental Health and Wellbeing: A Perspective on Social Work Practice. *National Seminar on Recent trends in Social Work Approach*, SGTDS, 20-22 Feb 2008
6. Anish K.R.(2007). Action Plan for Containing the Epidemics, Consultant for preparation of action plan and documentation. *National Workshop on Emerging Fevers*, Organized by Govt. of Kerala, NRHM11/12,13/12,28/12/2007
7. Anish K.R. (2007). HIV/AIDS Prevention through Peer Education: A Case Study. *4th National Seminar on Social Work and HIV/AIDS*, Organized by IGNOU & DBI, Guwahati
8. Anish K.R.(2007). Community based rehabilitation of mentally ill . *Care giver's Training Program in psychiatric Rehabilitation*, WAPR & KFCMD, 24-25 March 2007
9. Anish K.R. (2006). Trafficking and HIV/AIDS: A Perspective on Awareness of Adolescent Girls. *3rd National Seminar on Social Work and HIV/AIDS*, New Delhi, , Organized by IGNOU and Embassy of USA, October 2006.
10. Anish K.R.(2004). A Peer Education Approach to Sexual Health Promotion in Colleges, National Seminar on Sexual Health, December 2004, Marian College Kuttikkanam, Kerala Organized in association with Sexual Health Resource Centre, New Delhi. Organizing Secretary
11. Anish K.R. (2002). Community Based HIV/AIDS Prevention and Care in Developing Countries. National conference of Professional Social Work, Karnataka Association of Professional Social Workers, Bangalore, 2002.

Training Attended

1. National Workshop on Scale Development and Structural Equation Modeling, Kongu Engineering College, January 2017.
2. *National Workshop on Instructional Design*. Christ University, Bangalore. 29 September-1 October 2014

3. *Feeling Good and Doing Well. ToT on Mental Health Promotion Module for Youth.* NIMHANS, Bangalore, 18-22 August 2014.
4. *Statistical Package for Social Sciences (SPSS).* Marriot Library, University of Utah, USA., April- May 2009
5. *Endnote.* Marriot Library, University of Utah, USA., April- May 2009
6. *WebCT/Blackboard.* Marriot Library, University of Utah, USA., April- May 2009
7. ToT workshop on Psycho Social Interventions for disaster Survivors 17-19 December, 2006 at Tata Institute of Social Sciences, Mumbai.
8. Workshop on HIV & Trafficking in women and Girls, University of Kerala 13-14 December 2005
9. Level 1 Dementia Care Training Program University of Wolver Hampton, UK, 2-3 February 2004

PROFESSIONAL MEMBERSHIPS

- Life member, World Association of Psychosocial Rehabilitation (WAPR)
- Member, International Association of Schools of Social Work (IASSW)
- Member, Consortium of Psychiatric Rehabilitation Educators (CPRE), USA
- Life member and Former Executive Committee Member, Indian Council of Social Welfare (ICSW) and
- Life Member, National Association of Professional Social Workers in India (NAPSWI)
- Member and Vice President, Association of Schools of Social Work in Kerala (ASSK)
- Member and Treasurer, Kerala Association of Professional Social Workers